

SUMMER CLASS SCHEDULE EFFECTIVE JUNE 6, 2023—AUGUST 3, 2023 IDEAL CLASS ATTENDANCE IS 2-3 TIMES PER WEEK.

MONDAY

4:00-5:00pm—ALL RANKS JUNIORS 5:00-5:45pm—GREEN & BLUE JUNIORS 6:00-6:45pm—WEAPONS CLASS 7:00-7:45pm—ALL RANKS ADULTS

WEDNESDAY

5:00-5:45pm—WHITE-SENIOR YELLOR JR'S 6:00-6:45pm—GREEN & BLUE JUNIORS 7:00-7:45pm—ALL RANKS ADULTS

FRIDAY

5:00-5:45pm—RESERVED FOR PRIVATE LESSONS 6:00-6:45pm—GREEN & ABOVE JUNIORS 7:00-7:45pm—ALL RANKS ADULTS/FAMILY CLASS*

*Adult & junior family members may attend this class together regardless of rank. Juniors MUST be accompanied by an adult to attend.

TUESDAY

11:00-11:45am—WHITE BELT JUNIORS 4:00-4:45pm— ALL RANKS JUNIORS 5:00-5:45pm— PURPLE & ABOVE JUNIORS 6:00-6:45pm—WHITE-SENIOR YELLOW JR'S 7:00-7:45pm- ALL RANKS ADULTS

THURSDAY

11:00-11:45am— WHITE BELT JUNIORS 4:00-4:45pm—ALL RANKS JUNIORS 5:00-5:45pm—PURPLE & ABOVE JUNIORS 6:00-6:45pm—WHITE-SENIOR YELLOW JR'S 7:00-7:45pm—ALL RANKS ADULTS

SATURDAY NO CLASSES-RESERVED

FOR TESTINGS, SEMINARS & BIRTHDAY PARTIES

JUNIORS PROGRAM—STUDENTS AGES 6-10 • TEEN/ADULT PROGRAM—STUDENTS AGES 11 & UP

ALL PROGRAMS INCLUDE UNLIMITED CLASS ATTENDANCE.

BELT RANK EXAMS-Students must test to earn each new rank. Belt rank testings are held every 8 weeks-the dates & locations will be announced by the center. *Students are encouraged to attend at least 2 classes per week in order to learn material & be eligible to test.*

TESTING CYCLES-There are six 8-week training cycles each year. Students are required to meet minimum class attendance guidelines to be eligible to test. <u>Class totals reset to zero at the beginning of each cycle regardless if a student has tested for rank.</u> Minimum class attendance does not guarantee advancement. Remember, minimum preparation often produces minimum results.

LATE & RE-TESTINGS-Late testing is only for students who have registered for & missed the formal testing due

to an unforeseen emergency & students who received a "Re-test Required" result from formal testing. There is an additional \$10 fee for late testing.

<u>UNIFORM SPECIFICS/T-SHIRTS-Students are expected to wear their training gear or uniforms and</u> rank belts to all classes and all Taekwondo functions. Taekwondo T-shirts may be purchased from Ed Rose's Martial Arts Academy. Students may wear their black Training Gear T-shirt under their ceremonial top at testings, tournaments and special events. No other T-shirts are allowed under their top.

Ida Arts Academy. Students may wear their black from any other from their black of the second and the second an

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